



Energy and CO₂ analysis of drinking cups

Scott Cronin

David Bierschenk

Alex Adler

Outline



- Objective
- Analysis by Phase
 - Production
 - Manufacturing
 - Use
 - Disposal
- Life Cycle Assessments
- Comparison (energy and CO₂)
- Conclusion



Objective

- Compare Energy and CO2 footprints for coffee drinking cups
- Studied:
 - Polystyrene
 - Paper
 - Stainless steel
 - Glass
 - Polyethylene
- Coffee hour- is it best to bring your own dishes?

Embedded Energy and CO₂



- Assumptions-
 - CES embedded energy and CO₂ for all materials
 - 10 oz cup weights (experimentally determined)
 - Paper 7 g
 - Polystyrene 2 g
 - Stainless Steel 120 g
 - Glass 370 g
 - Polyethylene 40 g

Manufacturing



- Polystyrene- Expanded foam molding¹
- Paper- from source ^{1,2}
- Stainless Steel- cast (*calculated*)
- Polyethylene- *Melting energy, negligible CO₂*
- Glass- cast/blown¹

¹ "Reusable and Disposable Cups: An Energy-Based Evaluation" *Environmental Management*. Vol 18. No.6 pp 889-

² ⁸⁹⁹ American Paper Institute. 1990. US pulp and paperboard industry's energy use, calendar year 1989, New York; cited by Wells (1991).



Use

- Average Dishwasher
 - Reusable cups washed after *every* use
 - Energy use: ~80% water, 20% Drying¹
 - Model uses average household water consumption and drying energy per load²
 - 0.06 gCO₂ / kJ (electric)³
assume all energy consumed is electrical
 - Assume 50 dishes / load
- Average Wash by hand
 - Heat 1/5 gallon of water and air dry

1. <http://www.bchydro.com/powersmart/elibrary/elibrary705.html>
2. <http://www.flatheadelectric.com/energy/appliancewattage.htm>
3. source: <http://cdiac.ornl.gov/pns/faq.html>

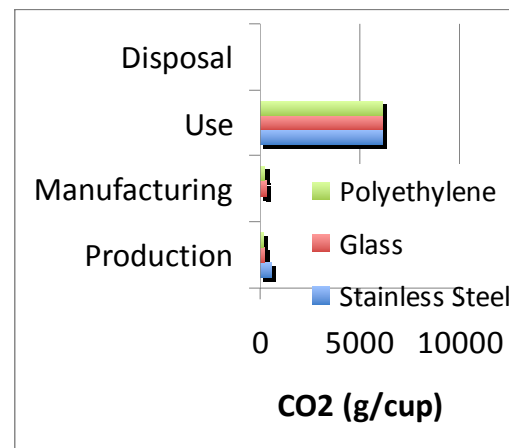
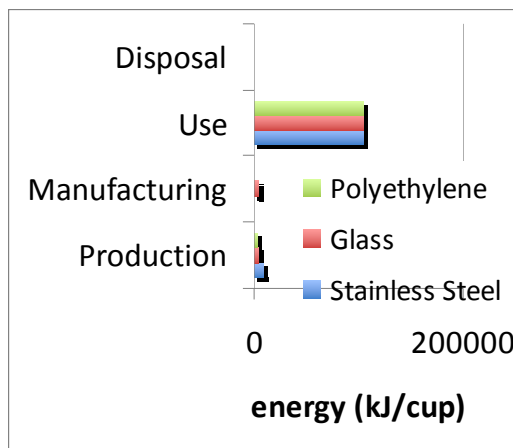
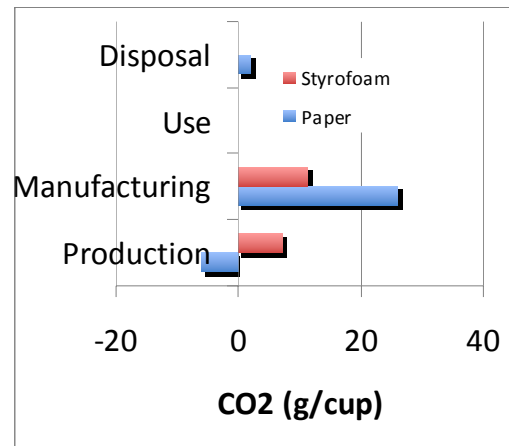
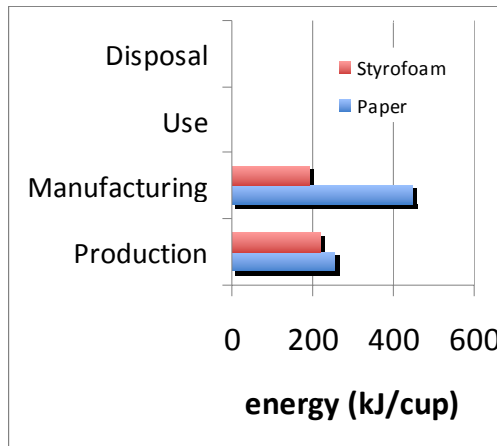
Disposal



- Two Options:
 - 100% to landfill
 - 50% incinerated ($\eta = 30\%$), 50% to landfill
- Sources of energy loss and CO₂ emission
 - Transport to landfill/incinerator
 - Energy/CO₂ extracted by incineration¹
 - CO₂ released by decomposition (based on molecular formulas)

¹ Hocking, M.B. 1991. Paper versus polystyrene: A complex choice. Science 251 p. 504.

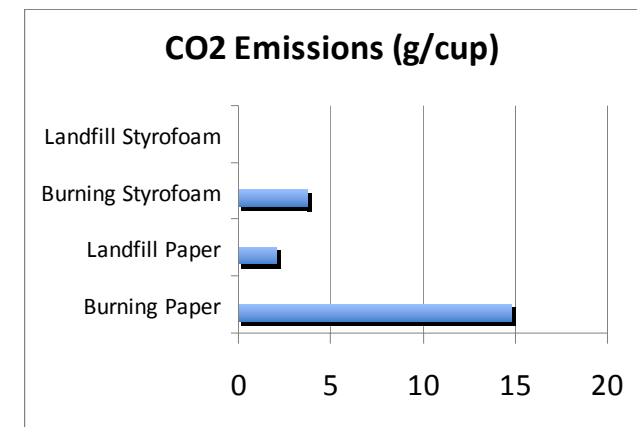
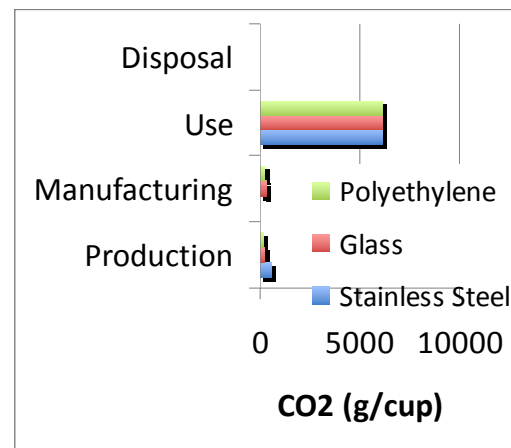
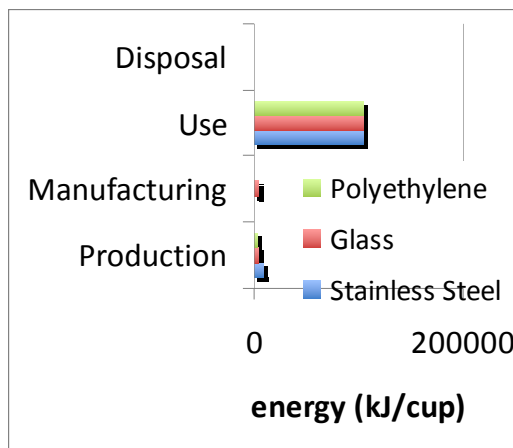
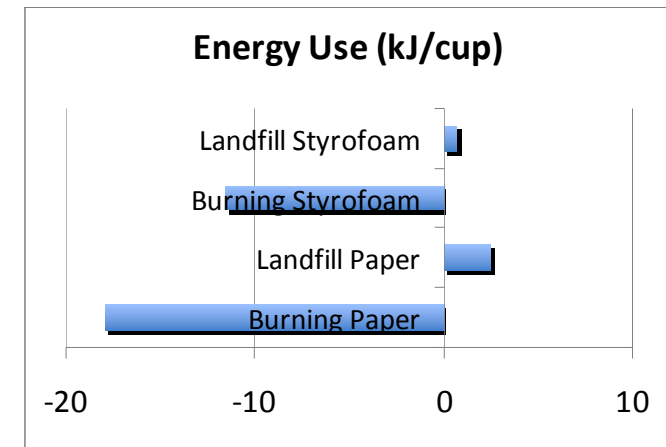
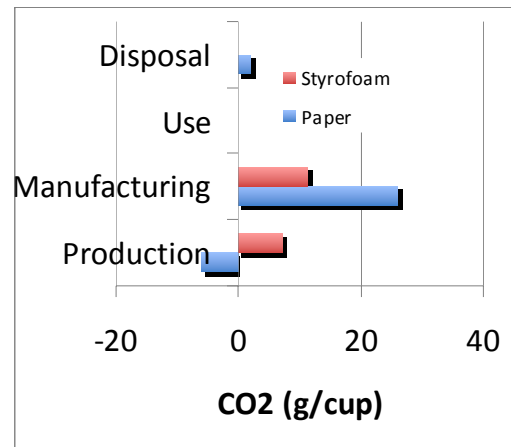
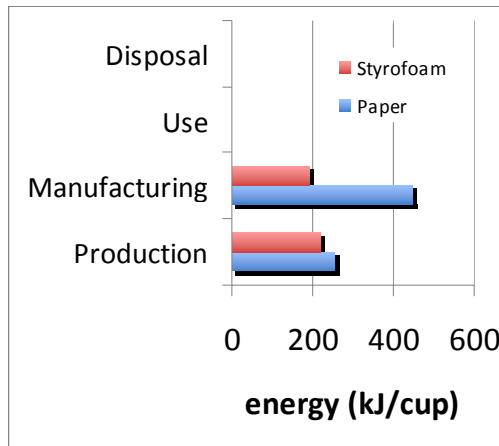
Life Cycle Assessment



Life Cycle Assessment



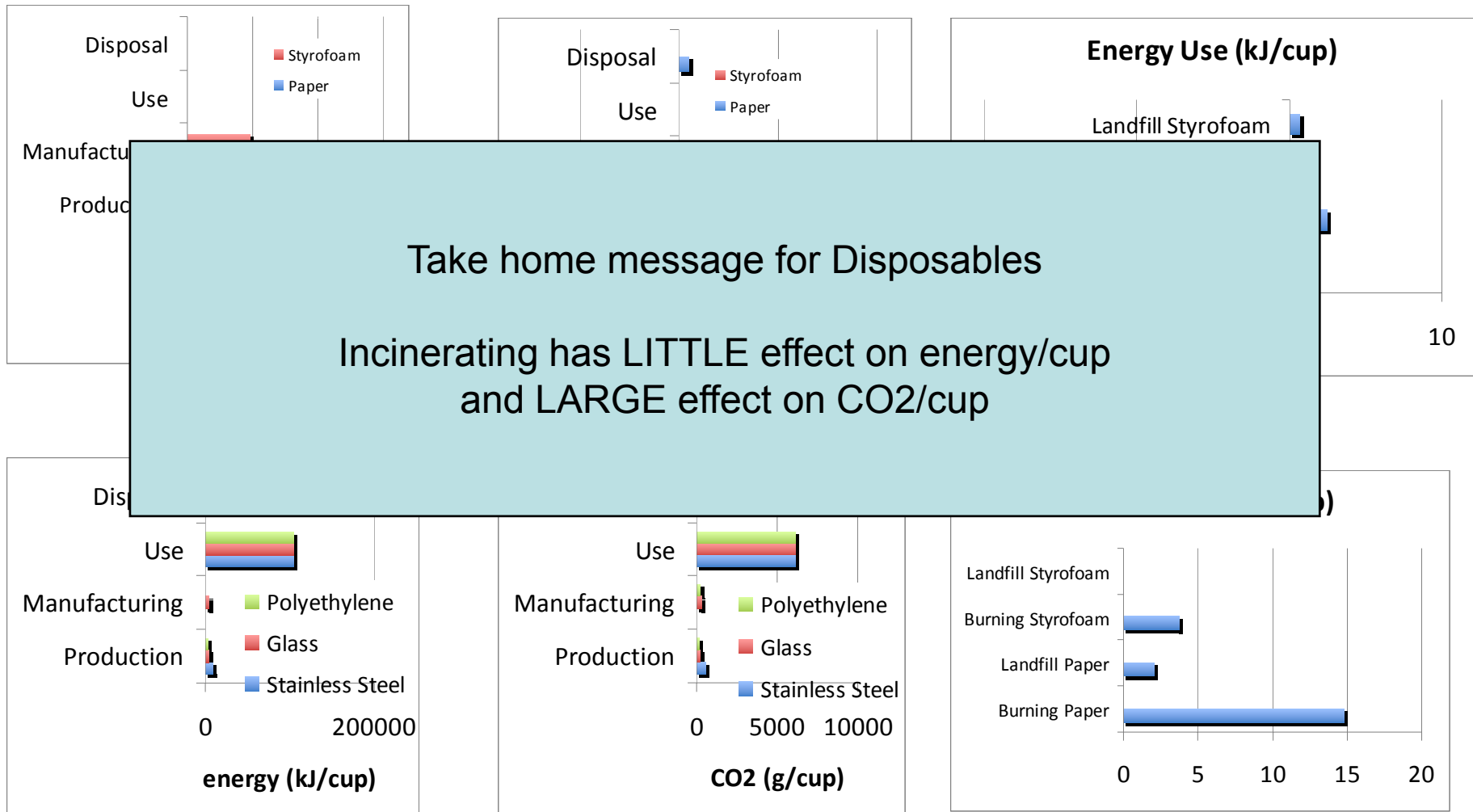
Disposables:



Life Cycle Assessment



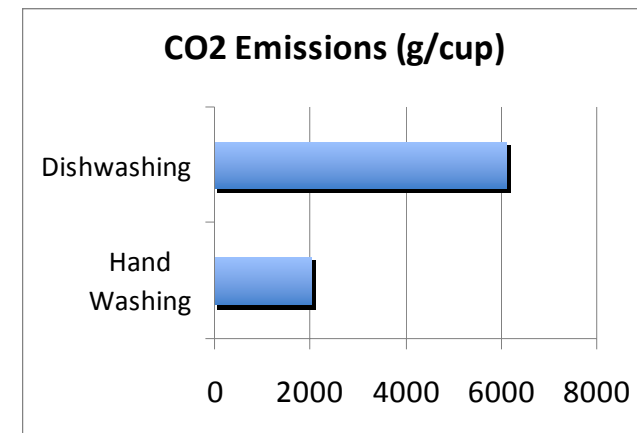
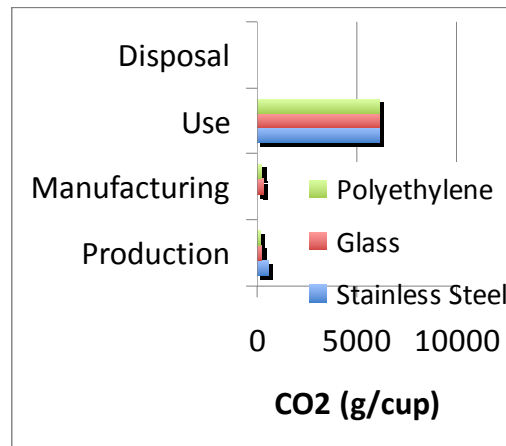
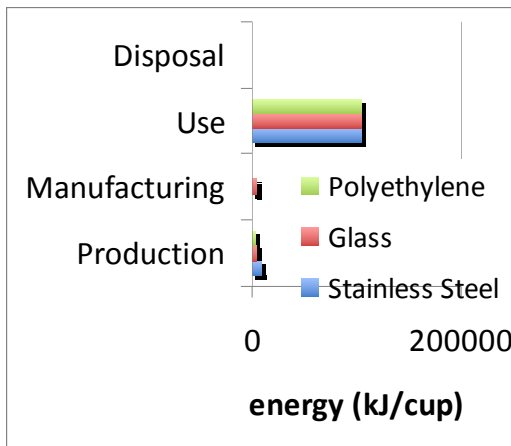
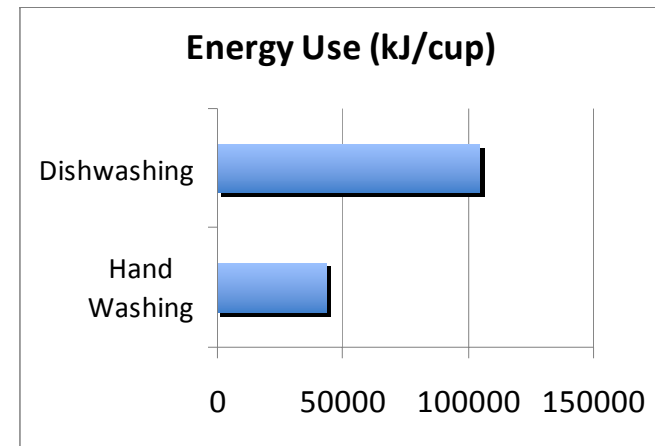
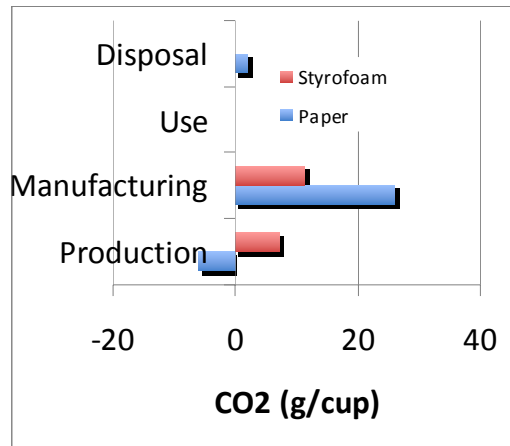
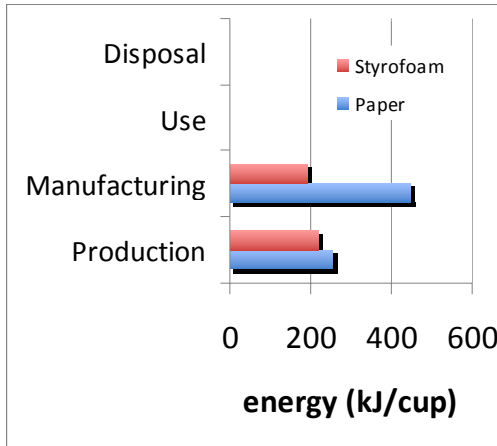
Disposables:



Life Cycle Assessment



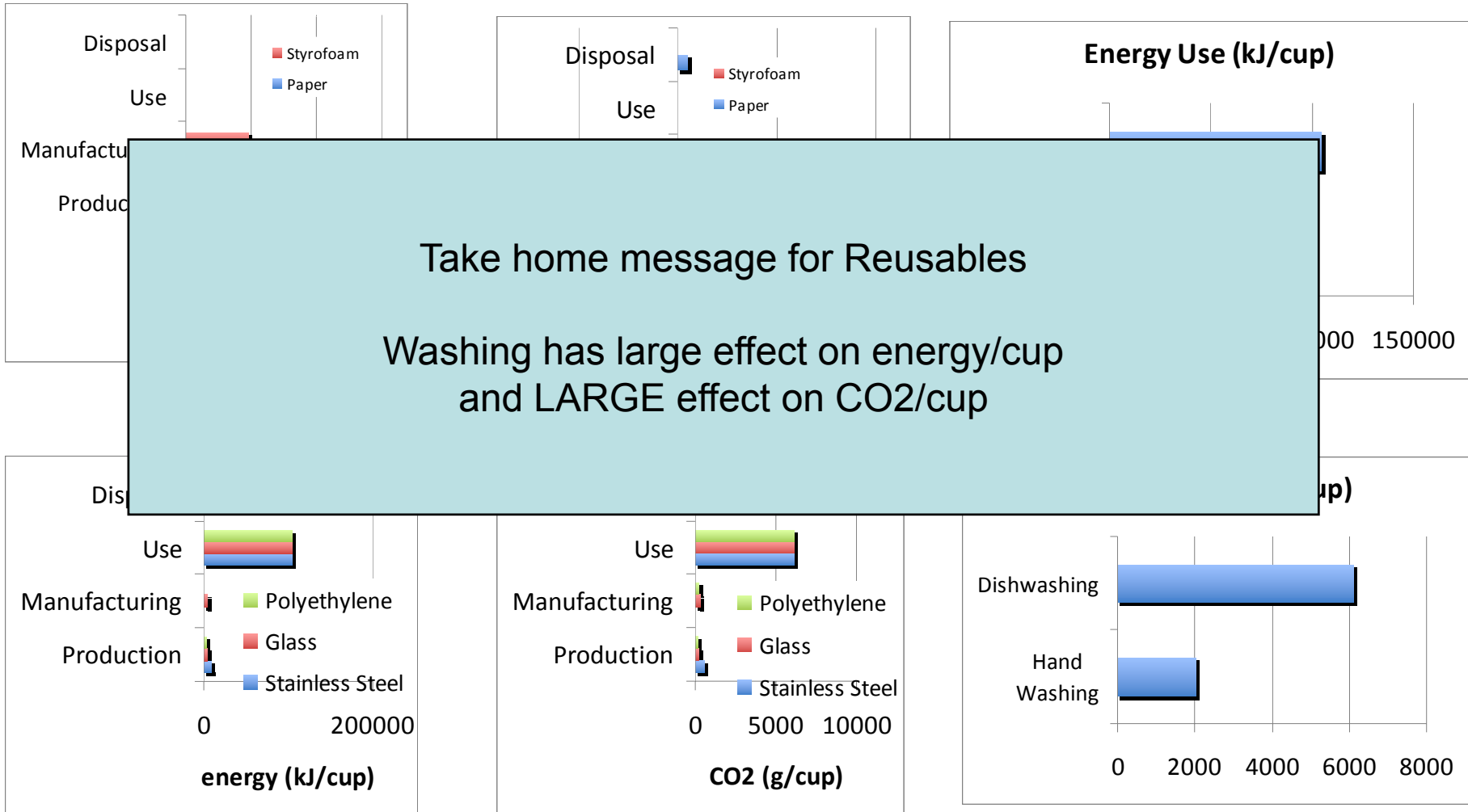
Reusables:



Life Cycle Assessment



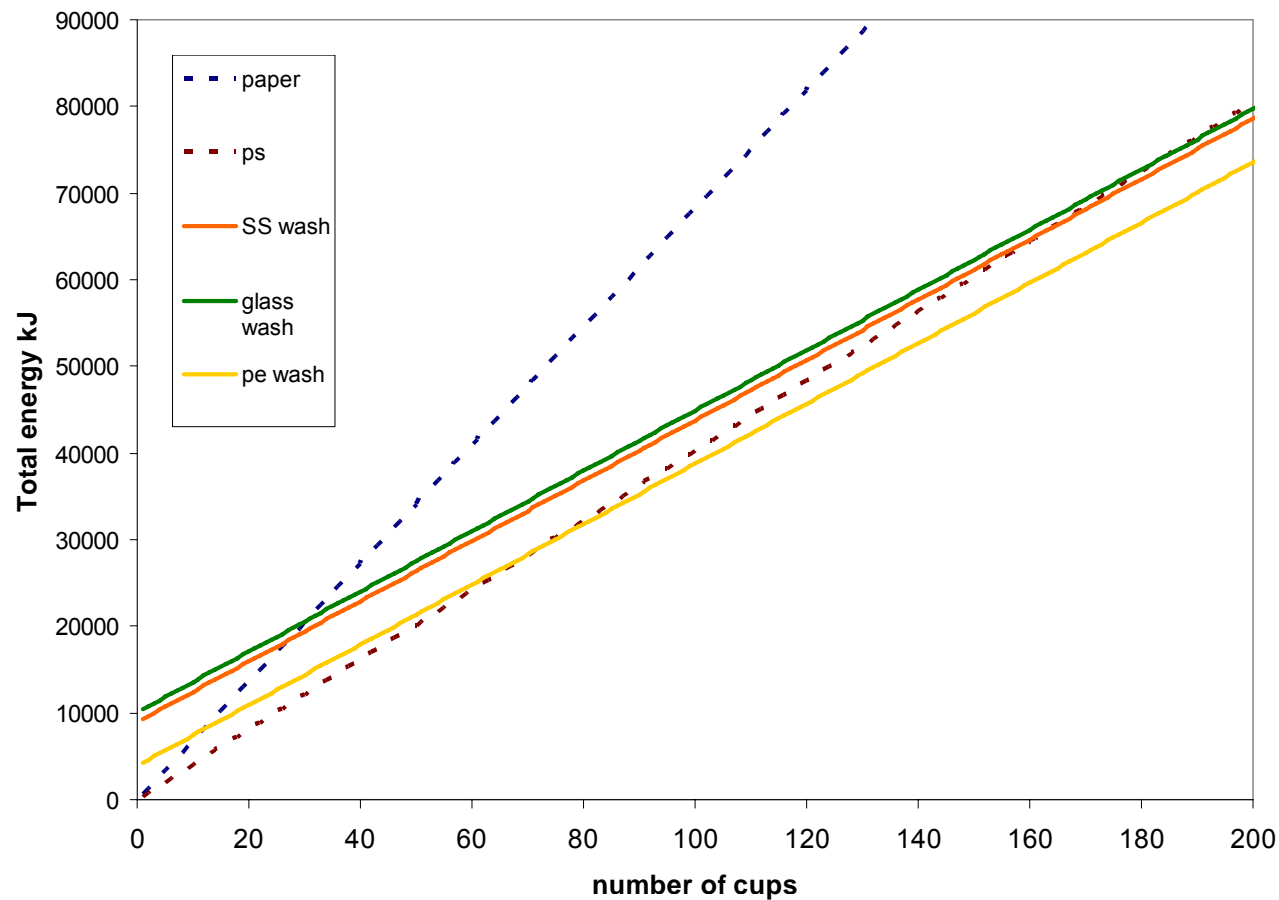
Reusables:





Break-Even Energy

Dishwasher



Literature break even: glass = 15 for paper, 390 for PS



Break-Even Energy

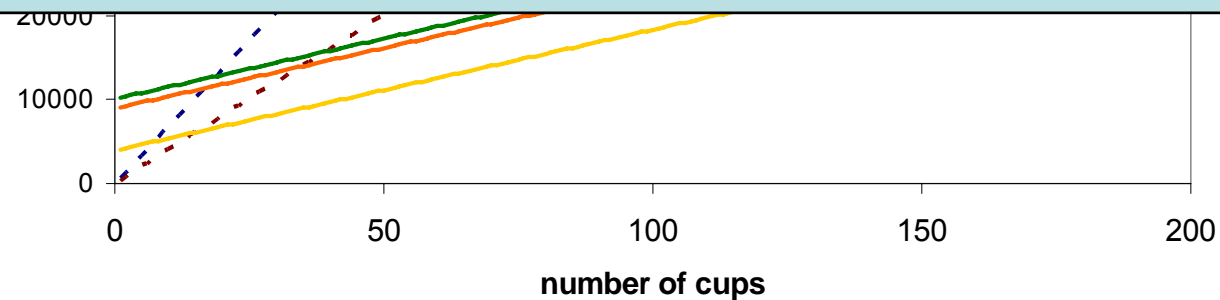
Hand-washing



Take home message for Energy

If using disposable, use PS
IF using mug, use PE

Much better to wash by hand (20 uses)

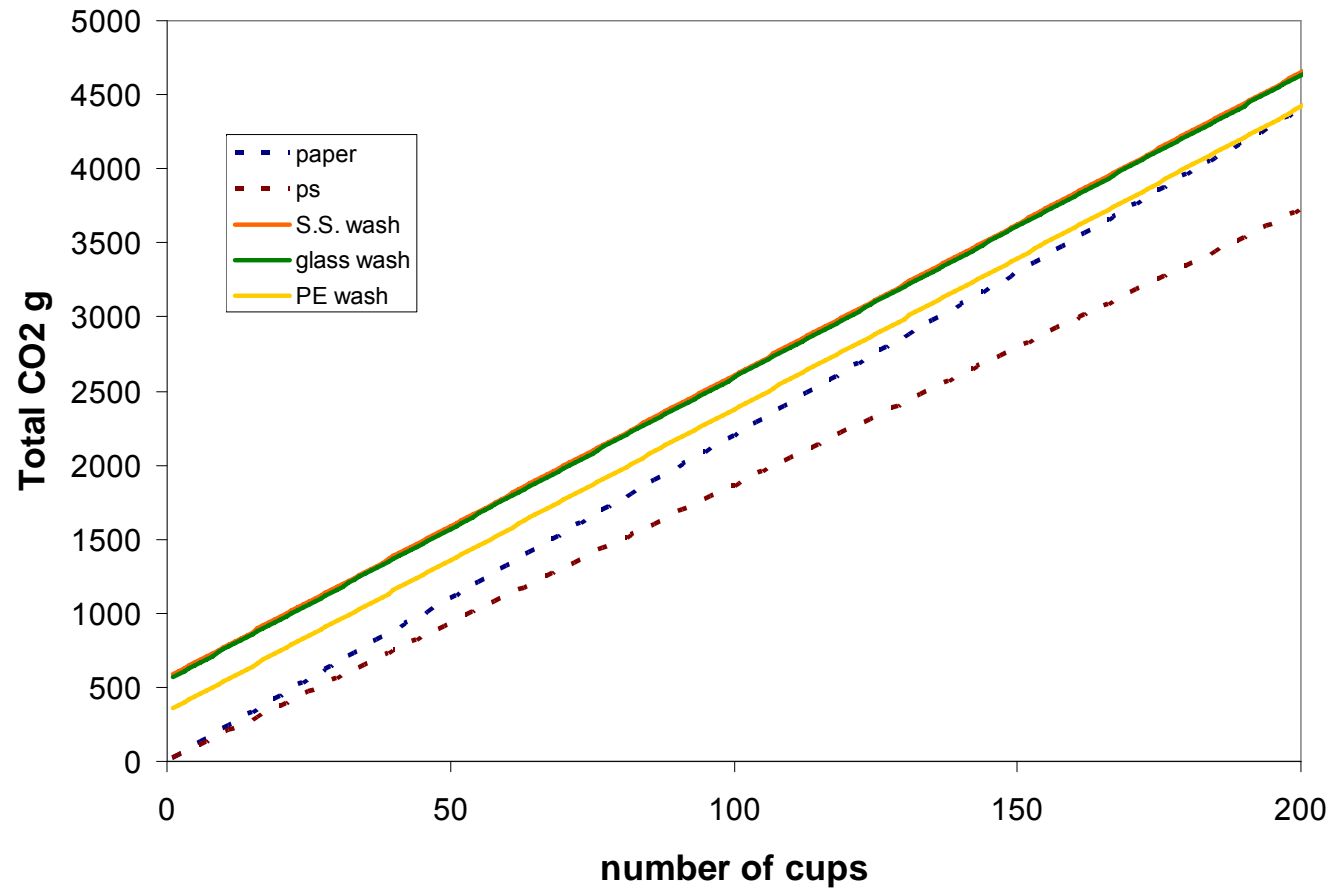


Literature break even: glass = 15 for paper, 390 for PS

Break-Even CO2



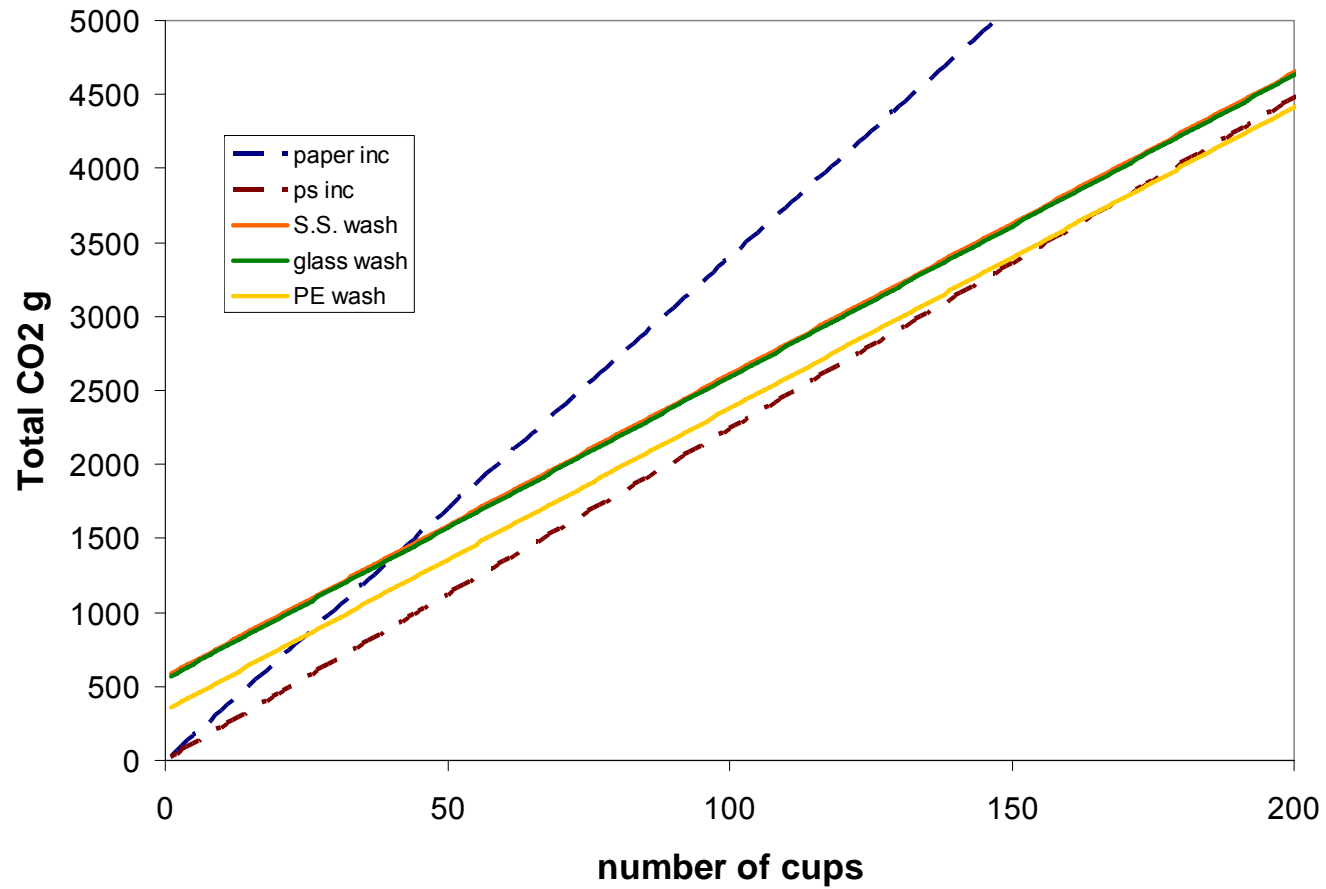
Dishwashing, no incineration



Break-Even CO2



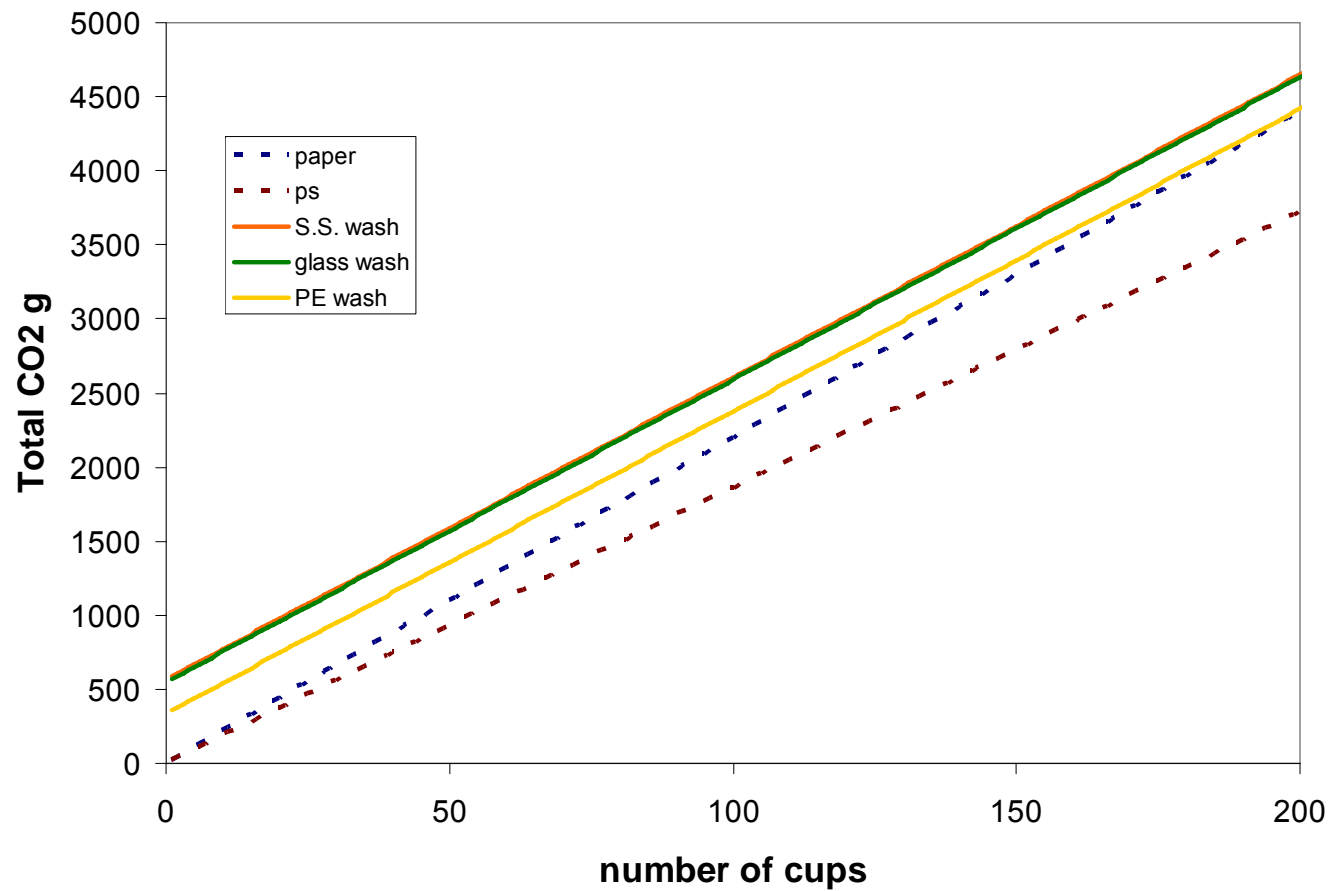
Dishwashing, w/ 50% incineration



Break-Even CO2



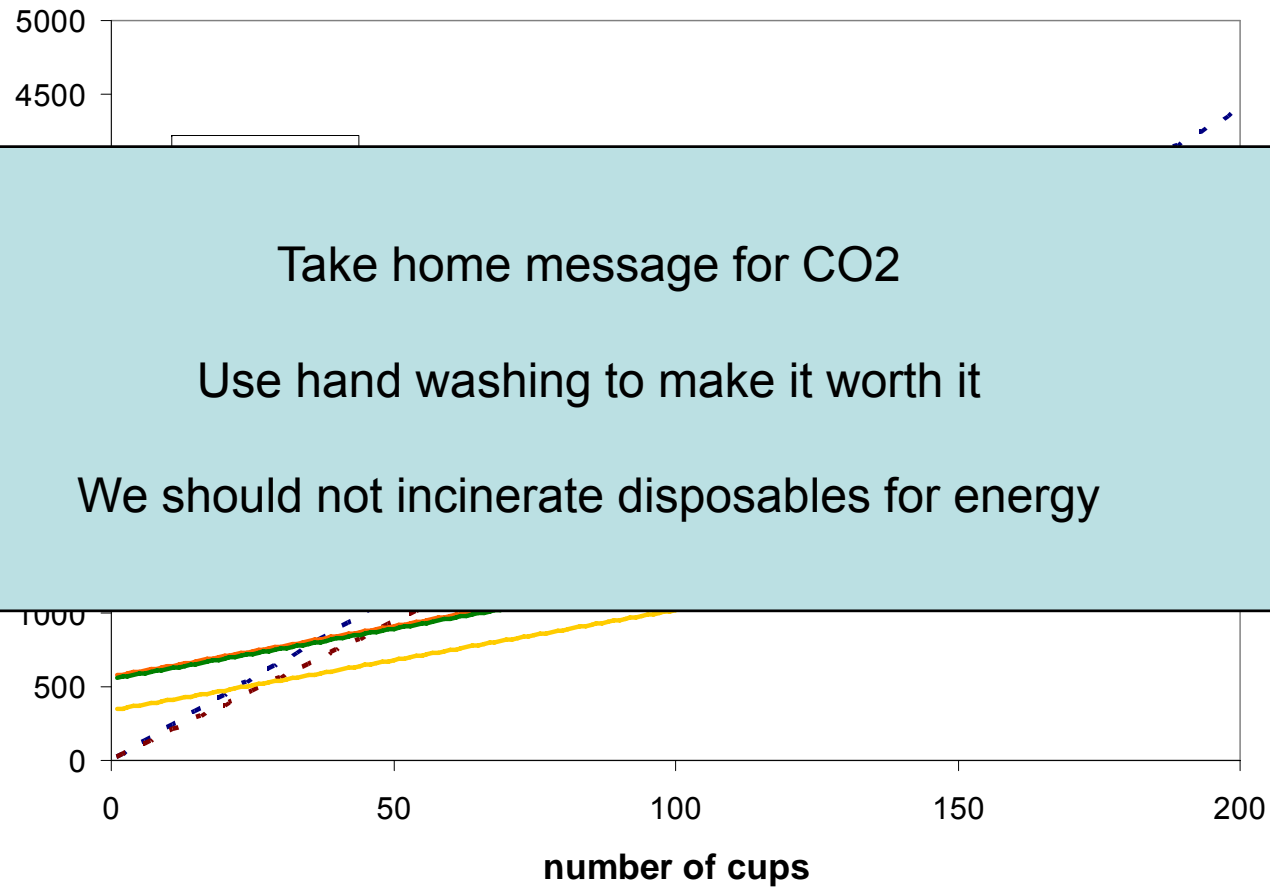
Dishwashing, no incineration



Break-Even CO2



Hand-washing, no incineration



Model Sensitivity to Assumptions



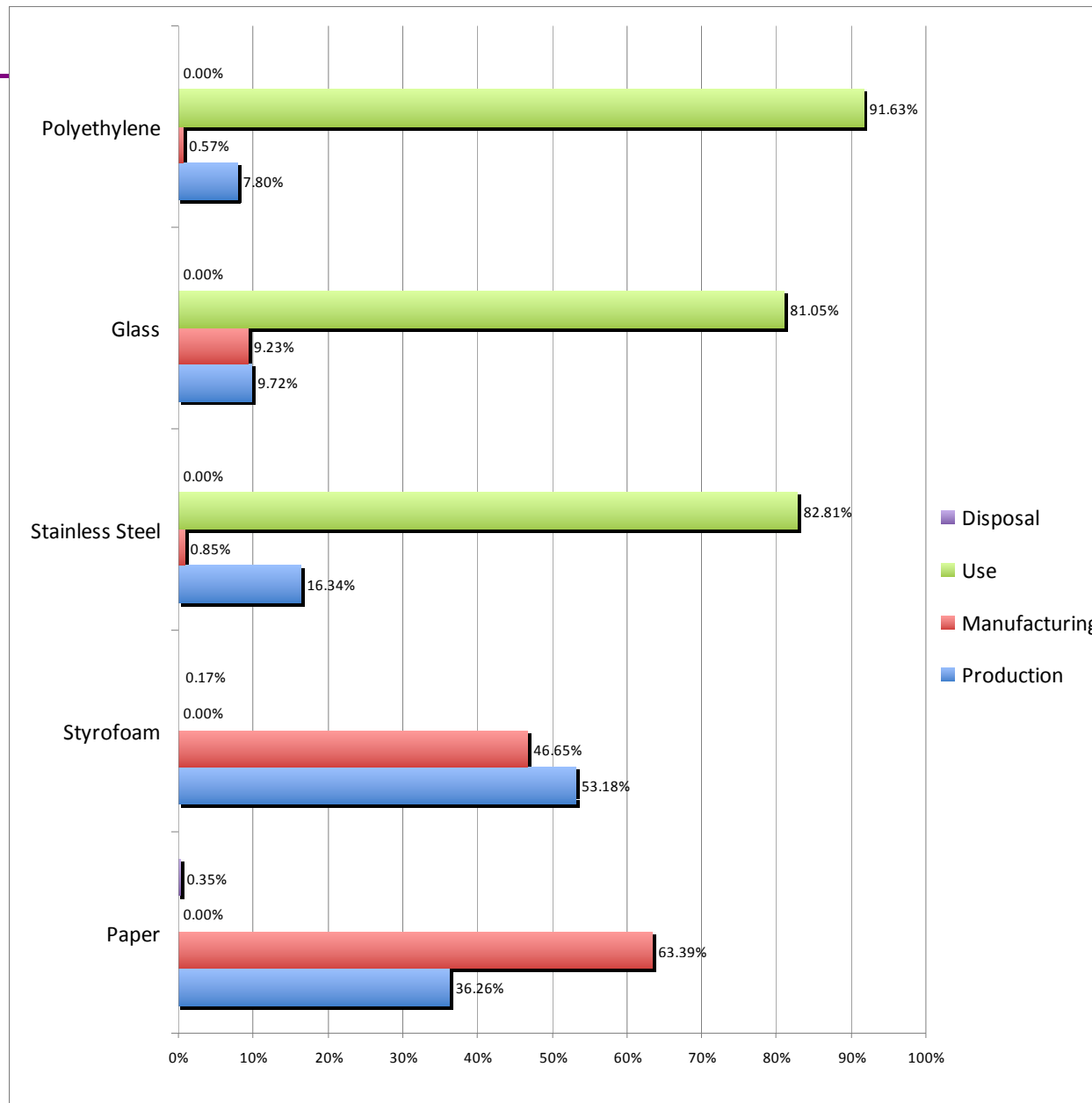
- Model is very sensitive to assumptions
- Validity:
 - Total energy in paper : 700 kJ/cup
 - Compared with 550 kJ/cup¹
 - Total energy in PS : 400 kJ/cup
 - Compared with 200 kJ/cup¹
 - From earlier, the number of cups required by reusables made sense with literature values
- We believe we were able to get reasonable quantitative data



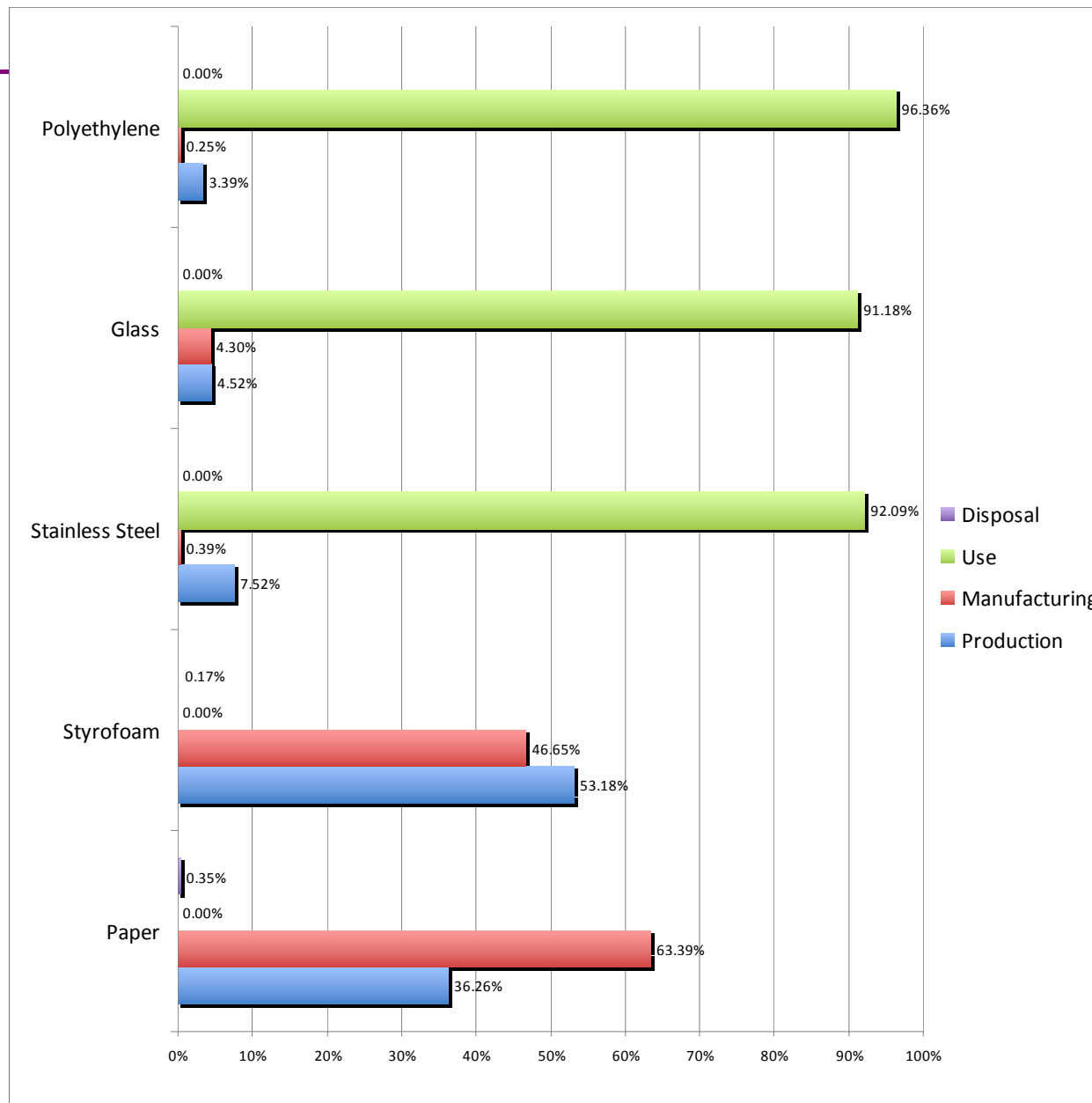
Conclusions

- Incineration of materials does not save much energy while producing a lot of CO₂
 - Don't do it
- Washing mugs more economically drastically reduces the number of uses to save energy, CO₂
- What types of dishes should be used for coffee hour dishes?
 - First choice- bring your own mug (if use it more than 20 times)
 - Second Choice- PS

Life Cycle Assessment

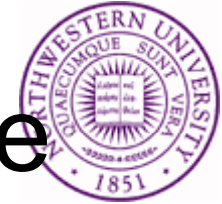


Life Cycle Assessment



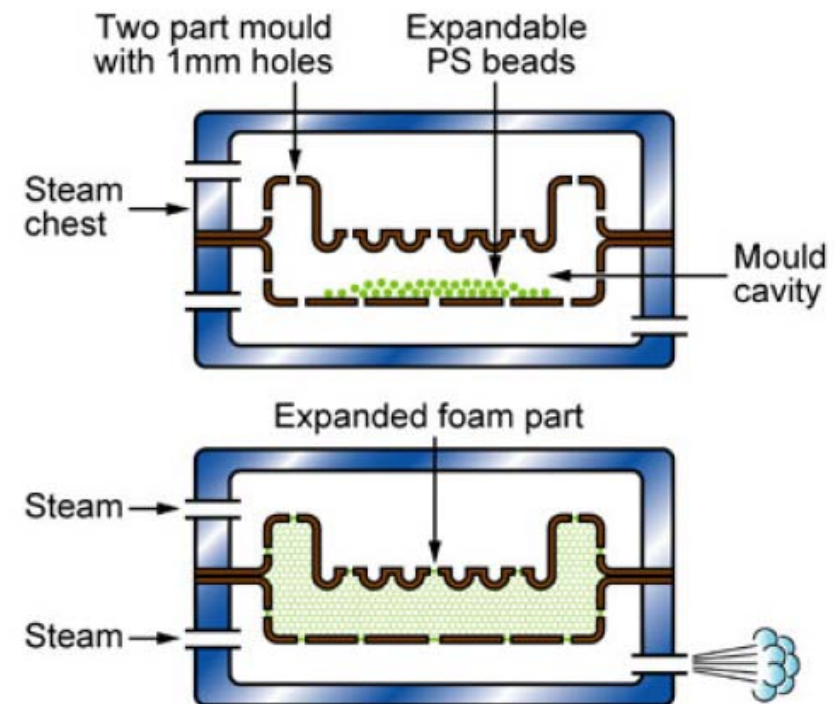
Processing Methods- Paper





Processing Method- Polystyrene

- Expanded Foam molding



C9H12

Source: CES Edupack 2005

Processing- others





Use

- Average Dishwasher
 - Reusable cups washed after every use
 - Energy use: ~80% water, 20% Drying¹
 - Model uses average household water consumption and drying energy per load²
 - 0.06 gCO₂ / kJ (electric)³
assume all energy consumed is electrical
 - Assume 50 dishes / load
- Average Wash by hand
 - Heat 1/5 gallon of water and air dry
- Break even calculation

$$\#uses_{\text{Break even}} = \frac{E_{\text{reusable}}}{E_{\text{disposable}} - E_{\text{wash}}}$$

1. <http://www.bchydro.com/powersmart/elibrary/elibrary705.html>
2. <http://www.flatheadelectric.com/energy/appliancewattage.htm>
3. source: <http://cdiac.ornl.gov/pns/faq.html>